

18
18.03.2022

, 400m

4:55.47

01.01.2016

1 : 5:51.00 / : 5:30.50 / : 5:11.50

: FINA 2021

							100m	200m	300m	400m
1.	,	07				5:09.76 635	1:06.60	1:21.46	1:28.85	1:12.85
	50m:	30.06	30.06	150m:	1:47.52	40.92	43.72	350m:	4:33.69	36.78
	100m:	1:06.60	36.54	200m:	2:28.06	40.54	45.13	400m:	5:09.76	36.07
2.	,	07				5:17.18 592	1:14.81	1:23.51	1:24.89	1:13.97
	50m:	34.30	34.30	150m:	1:56.95	42.14	42.89	350m:	4:40.55	37.34
	100m:	1:14.81	40.51	200m:	2:38.32	41.37	42.00	400m:	5:17.18	36.63
3.	,	08				5:20.95 571	1:07.34	1:21.03	1:37.36	1:15.22
	50m:	31.64	31.64	150m:	1:48.20	40.86	48.05	350m:	4:43.78	38.05
	100m:	1:07.34	35.70	200m:	2:28.37	40.17	49.31	400m:	5:20.95	37.17
4.	,	07				5:25.95 545	1:13.83	1:21.85	1:37.24	1:13.03
	50m:	33.58	33.58	150m:	1:55.15	41.32	49.48	350m:	4:49.77	36.85
	100m:	1:13.83	40.25	200m:	2:35.68	40.53	47.76	400m:	5:25.95	36.18
5.	,	08				5:27.09 540	1:15.29	1:24.35	1:34.93	1:12.52
	50m:	34.83	34.83	150m:	1:58.28	42.99	46.78	350m:	4:50.93	36.36
	100m:	1:15.29	40.46	200m:	2:39.64	41.36	48.15	400m:	5:27.09	36.16
6.	,	08				5:28.39 533	1:11.42	1:27.90	1:33.19	1:15.88
	50m:	32.77	32.77	150m:	1:56.16	44.74	45.93	350m:	4:51.53	39.02
	100m:	1:11.42	38.65	200m:	2:39.32	43.16	47.26	400m:	5:28.39	36.86
7.	,	07				5:30.33 524	1:18.13	1:22.05	1:33.49	1:16.66
	50m:	35.34	35.34	150m:	2:00.17	42.04	47.26	350m:	4:52.71	39.04
	100m:	1:18.13	42.79	200m:	2:40.18	40.01	46.23	400m:	5:30.33	37.62
8.	,	07				5:34.42 505 1	1:19.20	1:21.72	1:38.07	1:15.43
	50m:	36.40	36.40	150m:	2:00.70	41.50	49.07	350m:	4:57.35	38.36
	100m:	1:19.20	42.80	200m:	2:40.92	40.22	49.00	400m:	5:34.42	37.07
EXH	,	07								
EXH	,	08								